



Tricky Toxins - Symptom Survey

TOXINS & SYMPTOMS?

- Toxins build up in our bodies when the systems tasked with eliminating them become overwhelmed. **Symptoms tend to appear gradually as the toxic load increases** and may not be associated with the true underlying cause.
- If you are experiencing quite a few of the symptoms on this list, it's possible that there is a build up of toxins that must be addressed. **Consult your physician if you are experiencing any of these symptoms** repeatedly or over an extended period of time.
- Put a mark in the "My Symptoms" column if you are regularly experiencing that symptom and there is no obvious cause. When your list is complete, **highlight across the page noticing which toxins are commonly associated with that symptom.**
- When multiple symptoms are highlighted in a column, it suggests that an associated test or scan might be helpful in diagnosing the cause of the symptom. This allows you and your team of healthcare advisors to develop an effective treatment protocol.

TOXINS											
Common Symptoms	My Symptoms	Heavy Metals	Chemicals	Food-Related	Bacterial	Fungal	Parasitic	Viral	Mycoplasma	Geopathic	Emotional
Abdominal Pain		X	X	X		X	X				
Abnormal Sweating		X	X					X			
Aches and Pains		X		X		X		X	X		
Anemia		X									
Blurry Vision			X								
Burning Sensation			X								
Chills (Rigors if extreme)		X		X	X	X	X	X			
Confusion/Memory Loss		X								X	X
Cough/Bronchitis						X		X			
Dehydration		X					X	X			
Diarrhea		X	X	X			X	X			
Earache									X		
Edema		X									
Eye Irritation			X								
Fatigue		X		X		X	X			X	
Fever				X	X		X		X		
GI Upset							X				

		TOXINS									
Common Symptoms	My Symptoms	Heavy Metals	Chemicals	Food-Related	Bacterial	Fungal	Parasitic	Viral	Mycoplasma	Geopathic	Emotional
Headches			X	X			X	X	X	X	
Heart Palpitations		X									
Inflammation					X						
Insomnia		X								X	
Irritability											X
Loss of Appetite				X				X			
Low Immunity		X								X	
Metallic Taste		X									
Moodiness		X								X	X
Sinus Irritation								X	X		
Nausea/Vomiting		X		X		X	X	X			
Numbness/Tingling		X								X	
Poor Judgement/Decisions											X
Sensitive Teeth/Gums		X									
Sepsis/Shock					X						
Shortness of Breath		X									
Skin Rashes		X					X				
Sore Throat								X	X		
Twitching		X									
Weakness				X			X	X			
Weight Fluctuation							X	X			

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